



**Thunder Bay  
2024**

Ontario  
Winter Games

Jeux d'hiver de  
l'Ontario

# **ADDITIONAL INFO BULLETIN**

*Ontario Winter Games 2024*

**ONTARIO<sup>★</sup>  
ARTISTIC  
SWIMMING**



## 01

### GENERAL INFORMATION

<b>Event Dates</b>	Friday, February 23, 2024 -Monday, February 26, 2024
<b>Venue</b>	Canada Games Complex 420 Winnipeg Ave Thunder Bay, ON P7B 6B7
<b>Host</b>	Ontario Artistic Swimming
<b>OWG PSO Representative</b>	Lauren Lindner
<b>Contact Information</b>	<b>Email:</b> <a href="mailto:llindner@ontarioartisticswimming.ca">llindner@ontarioartisticswimming.ca</a> <b>Phone:</b> 647-567-7963
<b>Events</b>	<b>11-12</b> – Figures, Solo, Duet, Team, Landdrill, Flexibility  <b>Youth</b> – Figures, Solo, Duet, Team, Landdrill, Flexibility  <b>Adapted</b> – Figures, Solo, Duet, Flexibility
<b>Rules</b>	Ontario Winter Games rules will be in accordance with OAS-sanctioned events and will use the CAS rulebook and OAS rulebook addendum.
<b>Gelling</b>	This will be a gelling meet. We ask that any gelling or touch ups done at the pool are appropriately cleaned up after, and that gelling supplies are not left around the facility.  Where possible, we ask that gelling is done at the hotels and not at the pool facility.  Please note that de-gelling will not be permitted on Saturday or Sunday following events, but will be allowed on Monday morning to accommodate athletes leaving for the airport from the pool.



## 02

### TRAVEL & ACCOMMODATIONS

<b>Flights</b>	<p>Flight information has been distributed to each club via email.</p> <p>Clubs have been grouped together to ensure that athletes travel together with their coach, and will arrive in Thunder Bay on Thursday, February 22nd and Friday, February 23rd.</p>
<b>Hotel Accommodations</b>	<p>All participants will be staying at the Valhalla Inn, Thunder Bay:</p> <p><b>1 Valhalla Inn Rd. Thunder Bay, ON P7E 6J1</b></p>
<b>Rooming Lists</b>	<p>All rooming list changes that were emailed by coaches have been confirmed with the hotel.</p> <p>Should there need to be any additional room changes within clubs, please see the front desk to confirm the switch and email the change to Lauren Lindner.</p>
<b>Room Amenities</b>	<p>Rooms will have access to a mini-fridge each, but not to a microwave. Please plan snacks sent accordingly.</p>
<b>Check-In &amp; Accreditation</b>	<p>Clubs will be required to check in at the front desk upon arrival at the OWG hotel. The hotel has been given a copy of the rooming list to provide the appropriate room keys.</p> <p>Details on where accreditation will be is still to come.</p>
<b>Bus Travel</b>	<p>OWG will provide bus transportation to and from the pool each day, as well as to and from the airport for those flying on OWG-booked flights.</p> <p>A full bus schedule will be provided to clubs in advance of the competition.</p>
<b>Accessible Transportation</b>	<p>OWG has also been made aware of those needing accessible transportation during the Games. Where not already provided, OWG will provide alternative accessible transportation to these athletes.</p>



## 02

### TECHNICAL INFORMATION & DEADLINES

<b>Event Schedule</b>	The competition schedule has been distributed separately to clubs. Should unforeseen circumstances arise (weather, bus issues, etc.), the schedule may be amended to ensure that all competition events are completed.
<b>Spacing</b>	<p>Each club will be awarded spacing time according to club entry sizes. Training time in the warm-up pool will be available to clubs before and after each club's allotted spacing time.</p> <p>A full spacing schedule will be released in advance of the Games. Please note that clubs travelling to Thunder Bay on Thursday will be placed into earlier spacing slots,, and clubs travelling on Friday will be slotted into later slots.</p>
<b>Music Submission</b>	<p>Routine music files must be received by <b>Tuesday, February 20th at 11:00 PM.</b></p> <p>To avoid issues of Dropbox storage space, OAS will request music files from each coach be submitted into their OAS-owned Dropbox folder.</p> <p>Music files must be labelled with the following information, separated by underscores with NO blank spaces (underscores are acceptable).</p> <ol style="list-style-type: none"> <li><b>1. Category</b></li> <li><b>2. Event Name</b></li> <li><b>3. Club Call Letters</b></li> <li><b>4. Athlete Last Name</b></li> </ol> <p>For duets, use both last names. For teams, please use the first swimmer's last name, by alphabetical order</p> <p><b>For Example:</b>  Junior_SoloTech_WRASC_Smith.mp3  10U_Duet_LRASC_Jones-Chen.mp3  Youth_Team_IGNT_Bryant.mp3</p>



**Coach Card  
Submission**

Coach card submission guidelines will follow those released by CAS in advance of CASC 2023. These have been designed to ensure maximum fairness while keeping the competition running smoothly as we all learn how to deal with the new system.

All coach cards must be uploaded to Dropbox using your club's Dropbox folder before **Tuesday, February 20th at 11:00 PM.**

All these coach cards will be imported into the scoring system and considered final, except in the 3 cases below:

**Medical Issue**

Clubs /provinces / federations who need to change a Coach card because of a medical issue that prevents them from performing a routine as per submitted coach card will be allowed to change their coach card up to 2 hours before the start of a session (event blocks will be considered one session). These changes will need to be approved by the event Chief Referee.

**Changes between Prelims and Final**

In the event of prelims and finals, clubs will be allowed to change their coach cards between prelims and finals but will need to respect deadlines detailed to coaches following registration. For Lisa Alexander 2024, this will not apply as routine events will be finals-only.

**Last Resort Desperation Move**

Clubs who want to change coach cards for reasons other than the 2 above will be allowed to do so no later than 20:00 the night before an event, but will need to pay a \$100 fine to do so.

New coach cards will always need to be submitted by email to Laura Steacy and Lauren Lindner in any of these instances. Confirmation of submission will be provided by email reply.



## 03

### FIGURE DRAWS

<b>11-12 Category</b>	<b>Compulsory Figure:</b> Straight Ballet Leg  <b>Optional Figure:</b> Swanita Spin 180
<b>Youth Category</b>	<b>Section:</b> C <b>Group:</b> 6  <b>Included Figures:</b> Ipanema Spin 180, Kip Combined Spin
<b>Adapted Category</b>	<b>Group:</b> 2

## 04

### AWARDS

<b>Figure Events</b>	OAS single ribbons will be awarded to the top six scores in 11-12 and Youth figures..  Adapted figures shall be awarded by category and by level as per provincial rules.
<b>11-12 &amp; Youth Events</b>	OWG medals for gold, silver and bronze will be awarded to the three highest championship scores in each 11-12 and Youth event.
<b>Adapted Events</b>	OWG medals for gold, silver and bronze shall be awarded to the three highest championship scores in both the P and C category (regardless of level) for each Adapted event.
<b>Flexibility Events</b>	Certificates (Gold, Silver, Bronze standards)
<b>Land Drill Events</b>	OAS single ribbons will be awarded to the top 3 in each land drill category



## 05

### OPENING CEREMONIES

<p><b>Ceremony Information</b></p>	<p>The Opening Ceremony will be held at Fort William Historical Park in Thunder Bay from 6:00PM to 8:00PM on Friday, February 23rd.</p> <p>Upon arrival at the ceremony, the athletes will be marshalled and participate in an athlete parade with participants from all sports attending the Games. After the parade, the ceremony portion will take place including music, entertainment, and a the lighting of the official Games Cauldron.</p> <p>Participants will return on the bus and arrive back at the hotels by 8:30 pm.</p> <p>More information on the ceremony portion will be provided to participants by the Games Committee.</p>
<p><b>Winter Weather Reminder</b></p>	<p>A reminder to participants and coaches that this is an <b>outdoor event</b>. While there will be several heated buildings and warming stations at Fort William Historical Park, we advise everyone to dress warmly to fully enjoy the event.</p>
<p><b>Parent &amp; Spectator Attendance</b></p>	<p>The Opening Ceremony is a FREE event open to the public if parents would like to attend!</p> <p>Please note that parents will not have direct access to their athletes and will need to travel to the event separately from the OWG-provided transportation. Parking on-site at Fort William Historical Park is also available for free.</p>

## 06

### CLOSING CEREMONIES

<p><b>Ceremony Information</b></p>	<p>The closing medal ceremony for Artistic Swimming will be held on Monday, February 26th at 12:30PM. This will be the last event of the Games before departing by bus to the airport.</p> <p>Awards for all OWG events will be presented during this time, including land drill, figures, and routine events.</p>
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## 07

### OTHER INFORMATION

<b>Sportity Code</b>	<p>Schedules, draws, and results will be posted in Sportity using the code <b>OWG2024</b>.</p> <p>Please note that OAS is aware of a technical issue currently occurring with Sportity and is working to fix this. In advance of this, all event items will be sent directly to coaches via email.</p>
<b>Coaches WhatsApp</b>	<p>A specific OWG coaches WhatsApp group will be created to share updates mid-event as needed. We ask that clubs email the contact information of at least one coach to Lauren Lindner to be added to the WhatsApp group.</p>
<b>Live Streaming</b>	<p>OAS will be live streaming all routine events from its Facebook Page.</p>
<b>Showcase Night</b>	<p>Following dinner on Saturday, February 24th, coaches and athletes are once again invited to participate in a talent/showcase night!</p> <p>This is a great opportunity for clubs to work together on a non-sport project and have some fun with the other attending teams and clubs.</p> <p>Coaches, teams, or athletes are invited to present a talent or showcase, which could be:</p> <ul style="list-style-type: none"> <li>● Land drill or “air synchro” routine</li> <li>● Club cheer</li> <li>● Magic trick</li> <li>● Dance routine</li> <li>● Singing or musical performance</li> <li>● Lip sync performance</li> <li>● Short skit</li> <li>● Puppet show</li> <li>● Comedy routine</li> <li>● Juggling, jump rope or other skill</li> </ul> <p>Please ensure that the talent is appropriate for all audiences and does not include the use of any inappropriate language, music or themes.</p>